

# THE CAROLINAS CYCLING ASSOCIATION

## BEST ALL-AROUND RIDER COMPETITION

### 1. NAME AND PURPOSE

- 1.1. Name. The name of the competition is the Carolinas Cycling Association (CCA) Best All-Around Rider (BAR) competition.
- 1.2. Purpose. To encourage teamwork and competitiveness as well as to develop riders by recognizing the most consistent rider in each category.

### 2. ELIGIBILITY

- 2.1. All North Carolina and South Carolina USCF license holders that are members of CCA clubs or non-members of CCA clubs, e.g. unattached riders.
- 2.2. The following are the classes for the CCA BAR competition:

Men's 1/2	Junior Men 10-16
Men's 3	Junior Women 10-16
Men's 4	Master's 35+ 1/2/3
Men's 5	Master's 45+ 1/2/3
Women's 1/2/3	Master's 45+ 4/5
Women's 4	
- 2.3. Eligible riders must declare at registration in what class (category or age grade) they are competing for in mixed class race events. Example: in a separate prized listed Masters 35+/45+ 1/2/3 race, a rider of age 47 must declare if he is racing in the 35+ 1/2/3 or 45+ 1/2/3 class.
- 2.4. Riders cannot accumulate points for more than one class in a single race event. Riders may choose to race in two separate classes at a given event and attempt to accumulate points in both classes separately. In an individual time trial a rider may only race for one class.
- 2.5. One-day license holders are NOT eligible to compete in the BAR competition.

### 3. BAR RACE REQUIREMENTS

- 3.1. Event must be USCF permitted
- 3.2. Event must be promoted by at least one CCA member club.
- 3.3. Event must be a single day road race, criterium, or individual time trial. Consecutive multiple-day omniums will count as individual events. No weekly or monthly omniums events will be part of the BAR.
- 3.4. Event promoter(s) must pay a \$1.00 per rider fee to CCA for every participant, excluding juniors and category 4 women.

3.5. Event promoters will make provisions to allow all members of a CCA BAR competition category to compete in a single event. This does not mean all events must have races for each CCA BAR class; classes may be combined.

3.6. The minimum distance or time for each category shall be as follows:

<b>Category</b>	<b>Road Race</b>	<b>Criterium</b>	<b>I. Time Trial</b>
<b>Men's 1/2</b>	65 mi	25 mi or 75 min	40K
<b>Men's 3</b>	50 mi	20 mi or 60 min	40K
<b>Men's 4</b>	35 mi	15 mi or 45 min	30K
<b>Men's 5</b>	None	None	None
<b>Women's 1/2/3</b>	45 mi	15 mi or 45 min	30K
<b>Women's 4</b>	None	None	None
<b>Junior Men 10-16</b>	None	None	None
<b>Junior Women 10-16</b>	None	None	None
<b>Master's 35+ 1/2/3</b>	45 mi	15 mi or 45 min	30K
<b>Master's 45+ 1/2/3</b>	35 mi	10 mi or 30 min	20K
<b>Master's 45+ 4/5</b>	None	None	None

3.6.1. In the case of combined classes, the higher class minimums shall be used. Example: a Men's 1/2/3 race will use the Men's 1/2 minimums.

3.7. Event promoters must permit the event at least 45 prior to the race event. Race information must be submitted to the CCA web master at least 45 days prior to the race event.

3.8. Event promoters must provide the BAR representative with event results including category, place, rider name, USCF license number, and club/team no later than 5 days after the conclusion of the race event.

3.9. Event promoters will secure the following:

3.9.1. Two identical racing numbers per rider per USCF rules (1K4a).

3.9.2. A photo finish/video system for the race, excluding time trials. One option is the CCA video system.

3.9.3. Wheel vehicles for road races with race categories 1 and 2. Other categories are optional.

3.9.4. Licensed mechanic in each wheel pit for criteriums. Neutral wheel support is optional.

#### 4. BAR POINTS

4.1. CCA BAR points will be awarded to the top ten finishes in each class. Only points awarded to eligible riders will count towards the BAR. Non-eligible riders earning points will be reflected in the race results, but not in overall BAR results.

4.2. Combined races

4.2.1. In races with one prize list, the points will be awarded to overall positions. Example: a Category 3/4 race will award points only to the top finishers regardless of category.

4.2.2. In races with two or more prize lists, the points will be awarded based on finish order for each category. Example: a Category 3/4 race will award points each to the top Category 3 finishers and the top Category 4 finishers.

4.3. State Championships events will count double points.

4.4. Stage races will count double points.

4.5. Points will be awarded as follows:

Place	1	2	3	4	5	6	7	8	9	10
RR/CT	15	12	10	8	6	5	4	3	2	1
TT	10	9	8	7	6	5	4	3	2	1

4.6. Points will be multiplied by the ranking factor according to USAC rules, Schedule of Fees, Event Categories (p. 12)

USCF Cat	A	B	C	D	E
CCA Rank	5	4	3	2	1

4.7. Riders upgrading their USCF racing category during the year will carry ½ their points with them to the next category.

4.8. Protests with regards to BAR points (not places) must be made within ten (10) days of the race to the BAR representative.

5. WINNERS AND AWARDS

5.1. Each class will be scored on total points accumulated for the CCA racing year. The rider with the highest accumulated point total in each class will be declared the Best All-Around Rider for that class.

5.2. Ties shall be broken according to USCF rule 4C3c.

5.3. Winners of each class will be awarded a CCA BAR Championship Jersey and will be awarded free entry into all CCA BAR events the next CCA racing year provided they preregister for their race and wear their champion's jersey.

5.4. Second and third place finishers will receive prizes of varying nature.

5.5. USCF category 4 and 5 racers cannot win their respective category two consecutive years (this defeats the purpose of rider development).